Immune Sentry,™ Ltd.

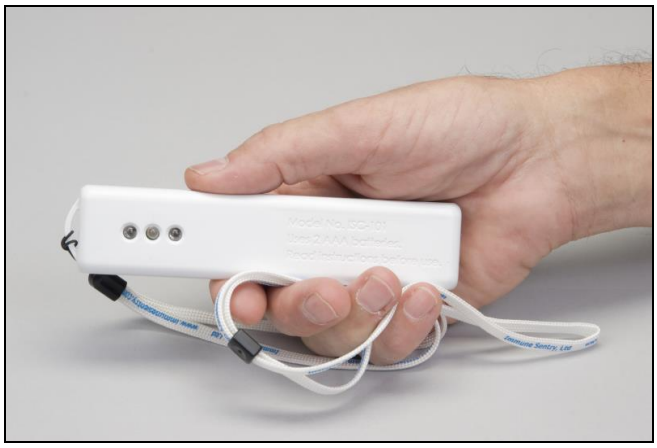
Immun-OnOne Self-Healer User Instruction

Thank you for purchasing the Immun-OnOne Self-Healer personal medical therapy device. With proper care and use, the Immun-OnOne will last years and promote natural healing for many of the common ailments that you may be experiencing. The Immun-OnOne combines pulsed photonic, magnetic and galvanic therapy harmonized at natural frequencies to aid the human body in the self healing process. The photonic therapy is produced by pulsating super infrared and super green light; both being in the natural light spectrum produced by the sun. The pulsed galvanic current at the selected treatment point is induced by pulsed rotary magnetic fields. Controlled by a microcontroller, the three field combination provides the natural stimulus to regulate and strengthen the immune system, promote self healing, and provide relief from the many ailments of life; ***Feel strong, feel healthy, be happy.***

Please read the Product Warnings, Disclaimer, Legal Notice, and Appendix A at the end of this document before using the Immun-OnOne Self-Healer.

The Immun-OnOne is packaged in a soft-foam-lined white box containing the following items:

- One hand held Immun-OnOne Self-Healer with Alkaline AAA 1.5 V type batteries
- Two spare replacement batteries
- One Phillips head screw driver for use when replacing batteries
- One neck lanyard to hang and position the Immun-OnOne over treatment points
- User Instruction describing the use, care, warranty, trouble shooting, and product warnings.



Greetings from the President of Immune Sentry, Ltd.:

"Congratulations! You have made the best investment for your health and happiness. Please follow this User Instruction to treat yourself as needed. Enjoy the new you and the many benefits the Immun-OnOne provides: the small miracle of big science."

Signed, Zoltan Kemeny, President

Regulatory Information

Immune Sentry, Ltd
ISC-101

FCC Notice to Users
Users are not permitted to make changes or modifications to this device in any way. Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. See 47 CFR Sec. 15.21

For customers in Canada
This Class B device meets all requirements of the Canadian Interference-Causing Equipment Regulations. This does not imply that industry Canada approved the equipment.

"CE" mark indicates that this product complies with the European requirements for safety, health, environment and customer protection.

"RoHS" mark indicates that this device conforms to the standards set forth by the RoHS Directive 2002/95/EC, with exceptions noted in the Annex.

The lead free mark indicates that this device conforms to lead free manufacturing and non use of electrical components that use lead.

This symbol indicates that this product must not be disposed of with your other household waste. Instead, it is your responsibility to dispose of your waste equipment by handing it over to a designated collection point for the recycling of waste electrical and electronic equipment. The separate collection and recycling of your equipment at the time of disposal will help to conserve natural resources and ensure that it is recycled in a manner that protects human health.

Immune Sentry, Ltd - One Year Limited Warranty

Immune Sentry, Ltd warrants to the first consumer purchaser that this product, when shipped in its original container, will be free from defective workmanship and materials and agrees that it will, at its option, either repair the defect or replace the defective product or part thereof at no charge to the purchaser (excluding shipping and handling charges) for parts or labor for the time period described above. This warranty does not cover shipping charges or risk of loss during shipment. Defective merchandise shall be replaced with equal or better products or parts. This warranty does not apply to any appearance items of the product nor to the additional excluded item(s) set forth below nor to the exterior of which may have been damaged, defaced, subjected to misuse, subjected to abnormal service or handling, or which has been altered or modified in design or construction. This warranty will be voided by misuse, improper physical environment, accident, or improper maintenance. This product is distributed and sold by Immune Sentry, Ltd. Please log on to http://www.immunesentry.com for questions, comments, service, or support related to this product.

THIS WARRANTY REPLACES ALL OTHER WARRANTIES OR CONDITIONS, EXPRESS OR IMPLIED, INCLUDING, BUT NOT LIMITED TO, THE IMPLIED WARRANTIES OR CONDITIONS OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE. NO OTHER WARRANTIES APPLY. THESE WARRANTIES GIVE YOU SPECIFIC LEGAL RIGHTS AND YOU MAY ALSO HAVE OTHER RIGHTS THAT VARY FROM JURISDICTION TO JURISDICTION. SOME JURISDICTIONS DO NOT ALLOW THE EXCLUSION OR LIMITATION OF EXPRESS OR IMPLIED WARRANTIES, SO THE ABOVE EXCLUSION OR LIMITATION MAY NOT APPLY TO YOU.

Warranty exclusion: The following items are not covered by this warranty:
Batteries, lanyards, screwdriver, alcohol wipes, instructions

Warranty Service, Product Replacement and Web site for Technical Support: http://www.immunesentry.com.
E-mail: services@immunesentry.com.

Please return the defective product in original box to:

Immune Sentry, LTD
1840 E. Warner Rd
Ste. A105, Box 124
Tempe AZ. 85284

Toll free: 888-588-0999
Fax 480-456-0999

Enclose copy of original purchase receipt.
Enclose return address, phone No. and email address.

The information contained herein is subject to change without notice. The only warranties for Immune Sentry, Ltd products and services are set forth in the express warranty statements accompanying such products and services. Nothing herein should be construed as constituting an additional warranty. Immune Sentry, Ltd shall not be liable for technical or editorial errors or omissions contained herein.

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Immun-OnOne Usage Instructions

Translated instructions for Dutch, French, German, Italian, Japanese, Norwegian, Portuguese, Russian, and Spanish can be downloaded from http://www.immunesentry.com or http://www.immunonone.com.

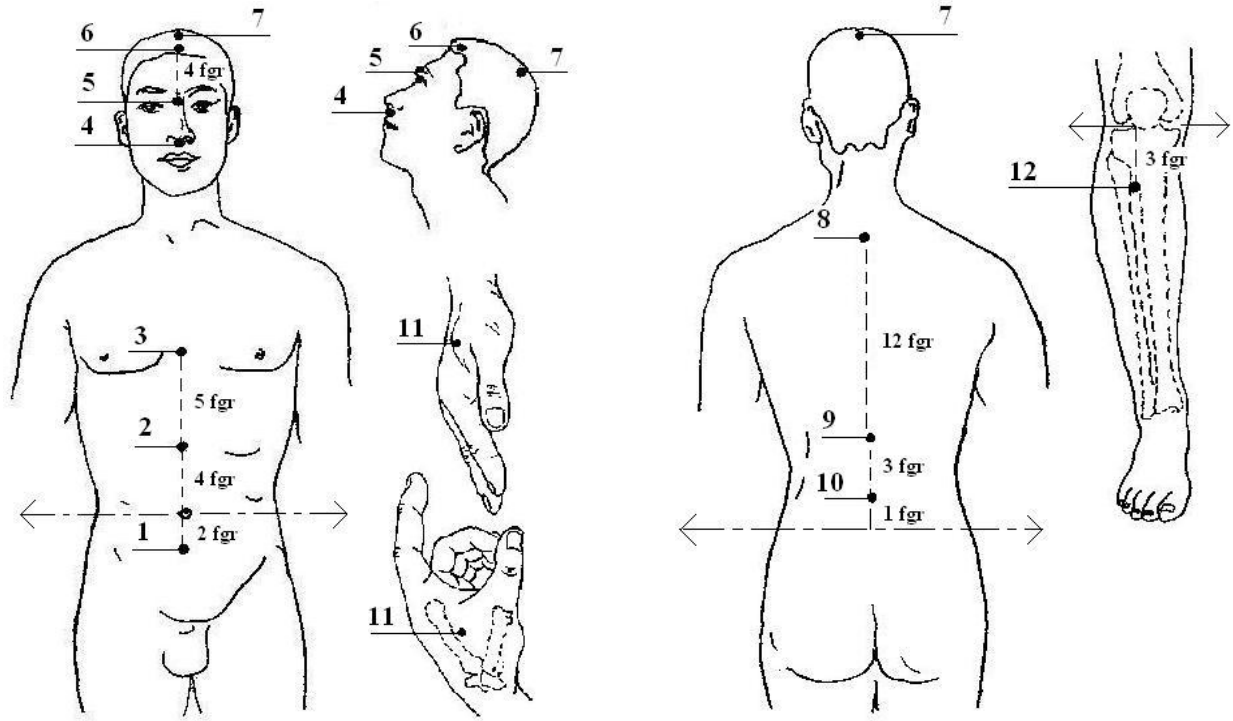
The Immun-OnOne is a "very easy to use" device. Please follow these simple treatment instructions to gain maximum benefit from your Immun-OnOne Self-Healer. See Appendix A for additional usage information.

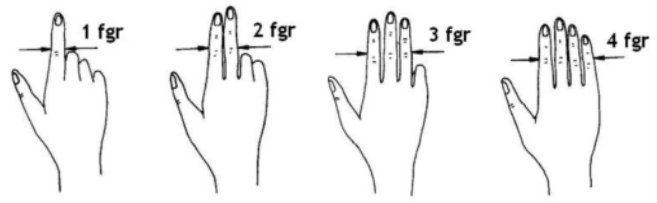
- Select the desired treatment from the Recommended Treatments and Therapies chart below.
- Place the Immun-OnOne directly against your skin at the desired treatment point. The three LED side of the device must be placed next to the body and held in place. Place the center LED (green when on) directly over the desired treatment point.
- Turn the device on by pressing and holding the ON/OFF button until the green LED begins to blink.
- Maintain device placement over the treatment point with gentle pressure until the Immun-OnOne automatically turns off, (approximately 5 minutes). Repeat the above sequence for all specified treatment points.

During a treatment session the pilot hole on the back side above the ON/OFF switch can be monitored to determine when the Immun-OnOne device has turned off.

Treat each condition as often as desired. For best results the chosen treatment condition(s) should be treated at least once a day until the condition is reduced or eliminated. Some chronic and functional treatment conditions require repeated treatment sessions (therapy). Please refer to the Recommended Treatments and Therapies chart below for treatment information.

Immun-OnOne Treatment Points:





Unit of measurement: The width of one's own fingers (fgr) as shown can be used to locate treatment points. Starting from a known body location you can accurately locate treatment points. The active area of the Immun-OnOne is 2 fingers in length and 1 finger in width centered to the green light. Use this measurement technique to place the active area of the Immun-OnOne over treatment points within 1/2 finger precision.

Recommended Treatments and Therapies:

#	Treatment condition	Treatment points	Treatment Frequency	Treatment Time
A	Respiratory allergy relief [2]	11 [5], 3, 5, 6	1-2 times a day	10-20 minutes
B	Skin disease/ allergy relief [2]	11 [5], 2, 4, 12 [5]	1-2 times a day	10-20 minutes
C	Sleep aid, prior to bedtime [1]	3, 7, 9	1-2 times a day	8-15 minutes
D	Acute pain reduction [1]	11 [5], 2, 4, 9	Repeat as needed	15-20 minutes
E	Chronic pain reduction	11 [5], 3, 4, 7	1-2 times a day	20 minutes
F	Mental health maintenance	3, 7	1-2 times a week	10 minutes
G	Physical health maintenance	2, 3	2-3 times a week	10 minutes
H	Immune system improvement	2, 3, 7	3-4 times a week	15 minutes

NOTES:

Point **8** slightly bulges out when the head is bent forward and down. It is 1/2 finger under the last neck vertebra.

An adjustable length lanyard is supplied with the Immun-OnOne to suspend the device in place over treatment points **1, 2, 3, 8, 9, & 10.** A plastic clip fixes the lanyard length temporarily. The logo letters can serve as markers for length adjustment.

Additional Treatments and Therapies:

#	Treatment condition	Treatment points	Treatment Frequency	Treatment Time
I	Weight control [3]	2, 4, 5, 7	Repeat as needed	20 minutes
J	Anxiety and stress reduction [1]	2, 4, 6	1-2 times a day	8-15 minutes
K	Digestion disorders [2]	2, 1	1-2 times a day	5-12 minutes
L	Attention deficit	3, 4, 6	Repeat as needed	15 minutes
M	Sleeping disorders	2, 4, 5, 6	1-2 times a day	25 minutes
N	Mental relaxation [1]	3, 4, 5, 6	1-2 times a day	10-20 minutes
O	Physical relaxation [1]	2, 5, 6, 8	1-2 times a day	10-20 minutes
P	Accelerated illness recovery [1]	2, 3, 4, 5	Only when ill	10-20 minutes
Q	Erectile dysfunction [1, 4]	2, 9, 10, 12 [5]	As needed	10-20 minutes
R	Menopause symptoms [1]	2, 7, 9	1-2 times a day	8-15 minutes

Treatments in the chart above have shown positive results but are still being evaluated. These treatments are safe for use but results may vary.

NOTES:

[1] Treatment time for this condition can be reduced to 40% (2 minutes per treatment point) and still receive the same benefit as full duration treatment.

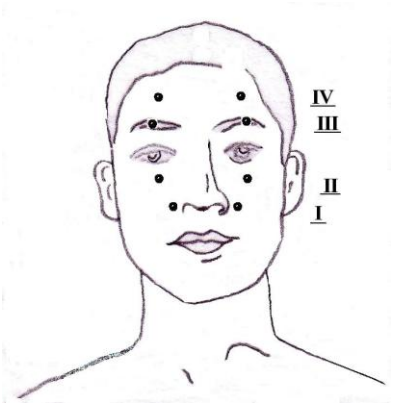
[2] If this condition is considered moderate, mild or diminishing, treatment time can be reduced to 40% (2 minutes per treatment point) and still receive the same benefit as a full length treatment. If the condition is considered chronic then full length treatment (5 minutes per treatment point) is recommended.

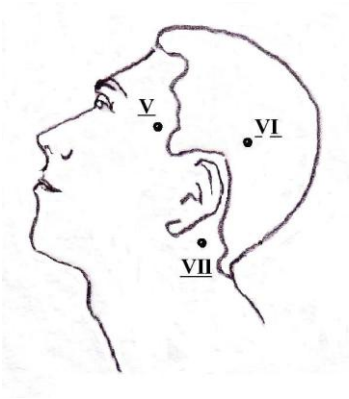
[3] Treatment reduces the “desire to eat” urge. This is not a substitute for prescribed diets, exercise, or healthy eating habits.

[4] This treatment may require several days or weeks to obtain results.

[5] Treatment points 11 and 12 are symmetrical double treatment points (for instance point 11 and 12 are identically located on both hands and legs respectfully). For treatment conditions using either of these points, treatment should be applied alternately. That is, during a treatment session select one hand or leg. During the next treatment session treat the opposite leg or hand.

Additional Treatments and Therapies for Headache and Sinus pain:





#	Treatment condition	Treatment points	Treatment Frequency	Treatment Time
S	Migraine headache [1]	2, 4, III, V, VI	Repeat as needed	15-29 minutes
T	Frontal headache [1]	11, 2, 5, IV	Repeat as needed	12-23 minutes
U	General headache	11, 2, 5, 7, VII	Repeat as needed	29 minutes
V	Sinus pain	2, 5, 7, II	Repeat as needed	23 minutes
W	Fibromyalgia	2, 3 8, 9	1-2x a week for 3 weeks, skip a week then repeat.	10-20 minutes

Treatments in the chart above have shown positive results but are still being evaluated. These treatments are safe for use but results may vary.

NOTES:

When headache or sinus pain is localized to the left or right side of the head, only the side with pain requires treatment. When pain is spread to both sides of the head or sinus area, both the left and right side require treatment. That is, treat the left side first, then the right side.

For additional treatment and usage information please visit the Immune Sentry website at www.immunesentry.com.
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Battery replacement

- Remove the 5 screws holding the top cover to the bottom housing. (See Diagram 1).
- Remove the batteries by gently pulling upward on each battery. Avoid touching exposed electronic components during battery replacement.
- Install two new Alkaline AAA **1.5V*** type batteries by pressing into place. **Care must be taken to ensure batteries are installed in the correct direction. Reverse placement can cause damage to the Immun-OnOne, voiding the warranty.** A diagram imprinted on the printed circuit board, underneath the batteries displays the correct battery orientation. Please refer to Diagram 2. **Note**: The Immun-OnOne will turn on when batteries are installed.
- Replace the top cover.
- Replace the five housing screws; firmly tighten the screws being careful not to over-tighten.

***Product not designed for rechargeable AAA 1.2V type batteries.**

Diagram 1

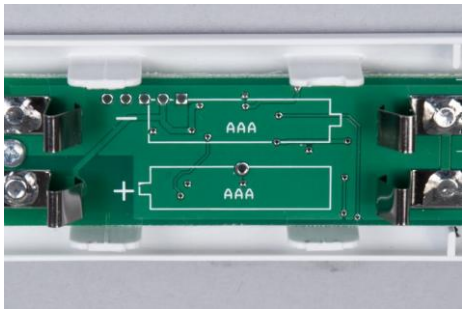

Diagram 2

Taking care of your Immun-OnOne

Your Immun-OnOne does not require any special maintenance or service to operate at peak performance; however, the following information is provided to help ensure a lifetime of beneficial use.

The Immun-OnOne comes into contact with the body at 22 different points. Periodic cleaning of the exterior case should be performed with cleaning wipes or a soft damp cloth. In addition, you should clean the Immun-OnOne with alcohol or a germicidal wipe before and after sharing with others. The device is not waterproof; avoid exposure to water while cleaning. Please see the **Warnings** for more information in regard to water or liquids.

The Immun-OnOne is built of rugged plastic and durable electronics but care should be taken to avoid potentially damaging effects and conditions such as dropping, excessive heat or cold, prolonged sun exposure, and use or storage in high humidity or steamy environments.

Trouble shooting

The Immun-OnOne is a very user friendly and trouble free device. However if the device fails to operate correctly please check the following to determine the cause.

Fails to turn on.	Ensure ON/OFF switch is depressed for 1 second.
Fails to turn on.	Ensure batteries are correctly installed. See battery replacement instructions.
Fails to turn on.	Replace batteries, see battery replacement instructions.
All other problems	Defective unit. See warranty.

Product Warnings, Disclaimer, and Legal Notice

Warnings

- The Immun-OnOne Self-Healer is **not a waterproof device**. Any liquids entering the device may cause damage or electronic malfunction. Only use slightly damp cloths or alcohol wipes when cleaning the device. Do not use the device while bathing, showering, swimming or in any other environment that may expose the device to water or liquids. Damage caused by exposing the device to water or other liquids will void the warranty.
- **Improper battery replacement can cause damage to the Immun-OnOne electronics**. Care must be taken to ensure batteries are installed correctly. Damage caused by improper battery replacement will void the warranty.
- Prevent exposure of the Immun-OnOne to temperatures above 130 F°, 55 C°, or below 0 F°, -18 C° and to high humidity.
- The Immun-OnOne emits pulsed magnetic fields; be advised to **keep away from devices sensitive to magnetic fields** such as credit cards, pacemakers, and or other such medical devices when using the Immun-OnOne.
- **Sustained light flickering can induce epileptic events** in patients with epilepsy, thus the Immun-OnOne should not be used in the close presence of such persons.
- **Pregnant women should abstain from using the Immun-OnOne** for their own safety as well as the unborn child.
- While no adverse effect is known, as a precaution, the Immun-OnOne **should not be used on babies or children** under the age of two. Do not allow children access to the Immun-OnOne.
- **Do not use the Immun-OnOne for one to two hours after** heavy meals, smoking, consumption of alcohol, use of prescription or other drugs, after hot tub or sauna use, or after being outdoors in high or low temperature extremes.
- Any unintended, unspecified, or deviant use of the Immun-OnOne is not supported and is done so at the risk of the user.
- While the Immun-OnOne is designed to operate within the calming frequency range, it still can excite certain body points in an unintended manner and cause unintended effects. You are advised to study the art and science of modern electronic physical-therapy before going beyond the scope and intent expressed herein.
- **Immun-OnOne treatment for weight control** is not a substitute for proper dieting, exercise, or healthy eating habits.

Disclaimer

Immune Sentry, Ltd. assumes no responsibility for anyone's improper or incorrect use of the Immun-OnOne Self-Healer. In no event shall Immune Sentry, Ltd be held liable for damages or injury of any type resulting from use of Immune Sentry's product(s), even if advised of the possibility of such damage or injury. This disclaimer of liability applies to all claims for damages or injury, including but not limited to: failure of performance, error, omission, interruption, deletion, defect, delay in operation or transmission, whether for breach of contract, tortious behavior, and negligence or under any other cause of action. Under all or any circumstance, the user is responsible for his or her health and medical treatment while using the Immun-OnOne Self-Healer. This device is classified as an experimental Electronic Control Device and results may vary, may not work for some users.

Legal Notice

Pulsed magnetic and photonic therapy is relatively new to the medical community and is currently considered as an experimental medical treatment alternative. The Swiss and Red Cross® flags depicted on the Immune Sentry web site do not indicate endorsement by their respective owners. These Swiss and Red Cross organizations are not affiliated in any way with this product. While the Immun-OnOne Self-Healer can help strengthen one's immune system, aid in accelerated recovery from certain illnesses, reduce or alleviate symptoms of allergy, and aid in pain reduction or suppression, it is not claimed by Immune Sentry, Ltd. to diagnose or cure any disease or to substitute the help of doctors and other health care practitioners especially when their assistance is warranted. If a person is experiencing life threatening or serious acute medical conditions due to natural illness or severe trauma, that person should seek immediate medical attention from an appropriate medical institution. All Immune Sentry Treatments, guidelines, device programming, operation, stethoscope (stet) rating, quality assurance protection shield, trade and brand names, test and quality control procedures, whether expressed, implied or fully disclosed , are the sole intellectual property of Immune Sentry, Ltd. Patents Pending on the Immun-OnOne. All rights reserved by Immune Sentry, Ltd. This product shall be governed by, construed and enforced in accordance with the laws of the State of Arizona. Parties agree to submit their respective jurisdiction and venue to the state and federal courts sitting in the United States, State of Arizona, to resolve any disputes or disagreements. The Parties further agree to institute such actions only before the United States courts of the State of Arizona.

Appendix A

Additional Immun-OnOne Usage Information

The Immun-OnOne does not provide instant results. This device provides the stimulus for the body to heal itself. As we know all healing processes require some amount of time, days, weeks, or in some cases months. It is not uncommon that certain problems become moderately worse before the healing process begins, but suddenly due to our natural healing abilities, relief or elimination of the problem occurs. This may appear as spontaneous healing, or a miracle; it's just the natural healing properties of the human body at work. Fortunately, the cure of a medical condition is typically much quicker than the development of the condition. In some cases acute and instant pain, allergies, and a few other ailments can be improved by one or several treatment sessions. **The best results are obtained by using the Immun-OnOne as described and on a consistent basis.**

The Immun-OnOne is most effective when its light emissions are not blocked by any form of clothing. For best results the Immun-OnOne should be held against the skin to direct the full strength of the three therapeutic lights to the body. To the extent possible, the Immun-OnOne should be aligned (parallel with) the body's vertical center line. However, this is not possible for treatment point 4 and 5 and may be uncomfortable at other points. Due to the elongated electromagnetic arrangement around the 3 LEDs one does not have to make exact alignment with a treatment point and the body's center line to have a therapeutic effect. If this is the case an alternate position may be used.

Time should be given to learn the location of the treatment points. Exact treatment point positioning is not imperative however, for best therapeutic results accurate positioning should be sought. After some practice, you will be able to locate the treatment points with sufficient precision. You need not be overly concerned; there is always a therapeutic benefit even if the treatment point is only partially covered by the Immun-OnOne Self-Healer.

The ON/OFF switch has to be held in the down position for approximately one second to turn the device on. After approximately five minutes the Immun-OnOne will automatically turn off. During a treatment cycle the green LED blinks at alternate rates. A pilot hole located above the ON/OFF switch and directly behind the green LED shows the on – off status of the device. This allows you to maintain treatment point positioning for maximum treatment benefit. It is however acceptable to move the device in order to look at the blinking light to determine the on – off status. Such monitoring is acceptable and has little influence on the treatment if the device is returned to the treatment point immediately.
Please note the LED's above and below the green LED emit infrared light. Infrared light has a wavelength that is not in the visible spectrum of light. While the IR light is not visible, it is absorbed by the body and is a valuable component of the therapeutic treatment.

While treatment is in progress you may experience gentle warmth at the treatment point. A warming sensation is a normal aspect of the treatment therapy which is being caused by the combination of infrared light and current flow within the body tissue. This gentle warming makes the cells within the body more receptive to the treatment stimulus. This warm feeling is normal and is not considered to be annoying, unpleasant or harmful. However if you experience discomfort or local pain at any treatment point, you should stop that point treatment and move on to the next treatment point in the list. In addition, prolonged use of the Immun-OnOne will cause the internal electromagnets to warm. Should the Immun-OnOne warm to an uncomfortable level, allow it to cool down before continuing use.

Treatments can be administered once or multiple times in a session. Each treatment point should be treated for approximately 5 minutes (actual time is 5 min. 12 sec). Some exceptions exist; see **NOTES** under the Treatment and Therapies charts.

Therapy occurs when treatment sessions are administered over a period of days, weeks, or months until the medical condition is reduced, eliminated, or achieved.